

March 2020 Menu

(Substitutions may be necessary without advanced notice.)

Mon	Tue	Wed	Thu	Fri
2 White Bean & Kale Soup with Chicken Carrots Pears & Blueberries Wheat Roll Milk	3 Hearty Egg Scramble Potatoes Peaches Wheat Tortilla Milk	4 Ham & Pineapple Sweet Potatoes Green Beans Coleslaw Wheat Roll Milk	5 Sherry Mushroom Chicken Whole Wheat Pasta Venetian Veggies Fresh Fruit Wheat Bread / Milk	6 Rosemary Salmon Wild Rice Snap Peas Coleslaw Wheat Bread Milk
9 Roast Beef / Gravy Mashed Potatoes Green Beans Juice Wheat Roll Milk	10 Beans & Ham Potatoes Brussels Sprouts Peaches & Cottage Cheese Cornbread Milk	11 Cilantro Lime Chicken With Black Beans & Rice Spring Blend Veggies Spiced Apples Wheat Tortilla Milk	12 Turkey, Stuffing, Gravy Cranberry Sauce Carrots Fresh Fruit Wheat Roll Milk	13 Tuna Salad Sandwich 3 Bean Salad Tropical Fruit Salad Wheat Bread Milk Soup (congregate sites only)
16 Chicken Stir Fry Oriental Blend Veggies Ginger Pears Wheat Bread Milk	17 St. Patrick's Day Celebration!  Corned Beef & Cabbage Red Potatoes Glazed Carrots Green Jell-O & Pears Wheat Roll / Milk	18 BBQ Chicken Baked Beans Normandy Veggies Wheat Bun Milk	19 Cranberry Meatballs over Rice Carrots Pears Wheat Bread Milk	20 Breaded Fish Tarter Sauce Brown Rice Peas Coleslaw Wheat Bread Milk
23 Pork Chop Mushroom Gravy Brown Rice Broccoli Applesauce Wheat Bread Milk	24 Spaghetti with Meat Sauce Garden Blend Veggies Peaches French Bread Milk	25 Garbanzo Bean Soup with Sausage  Carrots Apples & Berries Cornbread Milk	26 Teriyaki Chicken Brown Rice Oriental Veggies Mandarin Oranges Wheat Bread Milk	27 Veggie Lasagna Peas & Onions Zucchini Green Salad French Bread Milk
30 Polish Sausage With Sauerkraut Buttered Potatoes Green Beans Juice Wheat Bun / Milk	31 Chicken Pesto Casserole Peas Carrots Juice Wheat Roll Milk	Doors open at 11:00, Lunch is served from Noon - 12:30 Monday-Friday. (Except Holidays and Weekends) 60+ A suggested donation of \$4 Under 60 \$6		