



Welcome to Meridian Senior Center 208-888-5555

* La Boutique - Open Mon.-Fri. 10:30 - 1:30

MARCH ACTIVITIES

Center at the Park Available for Rental's

* Call Lisa @ 208-908-7540 / centerattheparkevents@gmail.com

MONDAY - MARCH 2	TUESDAY - MARCH 3	WEDNESDAY - MARCH 4	THURSDAY - MARCH 5	FRIDAY - MARCH 6
10:15 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE	<u>11:00 MOM & DOUBLE IMAGE</u> 12:00 LUNCH 1:00 ART CLASS 1:00 GAMES	10:00 CONSUMER PROTECTION BOOTH 10:30 TAI CHI 12:00 LUNCH 1:00 PINOCHLE	10:30 CHOIR PRACTICE <u>11:45 SENIOR GOLDMINE</u> 12:00 LUNCH 1:00 HAND & FOOT 1:00 BIBLE STUDY	9:30 ZUMBA 12:00 LUNCH 1:00 PINOCHLE BINGO DOORS OPEN 2 PM
MONDAY - MARCH 9	TUESDAY - MARCH 10	WEDNESDAY - MARCH 11	THURSDAY - MARCH 12	FRIDAY - MARCH 13
10:15 CHAIR YOGA <u>11:00 LARRY WORTHY</u> 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE	10:00 KNIT & LOOM <u>11:00 MUSIC BY ALI</u> 12:00 LUNCH 1:00 ART CLASS 1:00 GAMES	10:00 ALZ. SPT. GROUP 10:30 TAI CHI 12:00 LUNCH 1:00 PINOCHLE	10:30 CHOIR PRACTICE <u>11:00 "AND FRIENDS"</u> 12:00 LUNCH 1:00 HAND & FOOT 1:00 BOOK CLUB	9:30 ZUMBA 12:00 LUNCH 1:00 PINOCHLE BINGO DOORS OPEN 2 PM
MONDAY - MARCH 16	TUESDAY - MARCH 17	WEDNESDAY - MARCH 18	THURSDAY - MARCH 19	FRIDAY - MARCH 20
10:15 CHAIR YOGA 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE	WEAR YOUR BEST GREEN PRIZES AWARDED <u>HAPPY ST. PATRICK'S DAY</u> 11:00 - 11:30  12:00 LUNCH 1:00 ART CLASS 1:00 BOARD MEETING 1:00 GAMES	10:30 TAI CHI 12:00 LUNCH 1:00 PINOCHLE	<u>11:45 NOSTALGIC SENIORS</u> 12:00 LUNCH 12:15 ATTORNEY SIGN-UP MEMBERSHIP REQUIRED 1:00 BIBLE STUDY 1:00 HAND & FOOT	9:30 ZUMBA 11:45 ASSOC. MEETING 12:00 LUNCH 1:00 PINOCHLE BINGO DOORS OPEN 2 PM
MONDAY - MARCH 23	TUESDAY - MARCH 24	WEDNESDAY - MARCH 25	THURSDAY - MARCH 26	FRIDAY - MARCH 27
10:15 CHAIR YOGA <u>11:00 HEARTFELT COUNTRY</u> 12:00 LUNCH 1:00 DOMINOES 1:00 PINOCHLE	10:00 KNIT & LOOM <u>10:30 - 11:30</u> <u>BLOOD SUGAR TESTING</u> <u>MEMBERSHIP REQUIRED</u> 12:00 LUNCH 1:00 ART CLASS 1:00 GAMES	10:30 TAI CHI 11:00 BLOOD PRESSURE 12:00 LUNCH 1:00 PINOCHLE	10:30 CHOIR PRACTICE <u>11:00 "AND FRIENDS"</u> 12:00 LUNCH 12:45 COMPUTER CLASS 1:00 HAND & FOOT 1:00 WOMEN'S WRITING GROUP 1:15 CRAFT CLASS	9:30 ZUMBA 10:15-11:00 DECLUTTER YOUR LIFE 12:00 LUNCH 1:00 PINOCHLE 1:00 i PHONE CLASS BINGO DOORS OPEN 2 PM
MONDAY - MARCH 30	TUESDAY - MARCH 31	PLAY POOL *** TUES., THURS. & FRI. - 8:30 - 3:30 MON. - 11:30 - 3:30 * WED. - NOON - 3:30 POOL PARTNERS AVAIL. - MON.-WED.-FRI. 12-3:30 VISIT OUR WEBSITE AT: WWW.MERIDIANSSENIORSCENTER.COM DON'T FORGET 2020 MEMBERSHIP DUE - \$15.00		FOOT CLINIC  STONEBRIDGE HOME CARE SOLUTIONS 208-866-3907 FOR APPT. MEMBERSHIP REQUIRED